DDA Information Session Meaningful Day

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Developmental Disabilities Administration
September 18, 19, 20, and 27, 2017



Agenda

- Introductions
- DDA Transformation Update
- Service Descriptions Updates
- Next Steps



Individual and Family Specific Assistance

- If you have individual or family specific service delivery inquiries, challenges, or questions
 - ✓ DDA Regional Staff available to discuss privately after session
 - ✓ DDA Regional Staff will provide additional follow up as requested or needed





Transformation Updates





The Big Picture

Vision

Seamless service
system that is
responsive to the
person's and families
needs and personal
outcomes

DATRANSFORMATION 2022







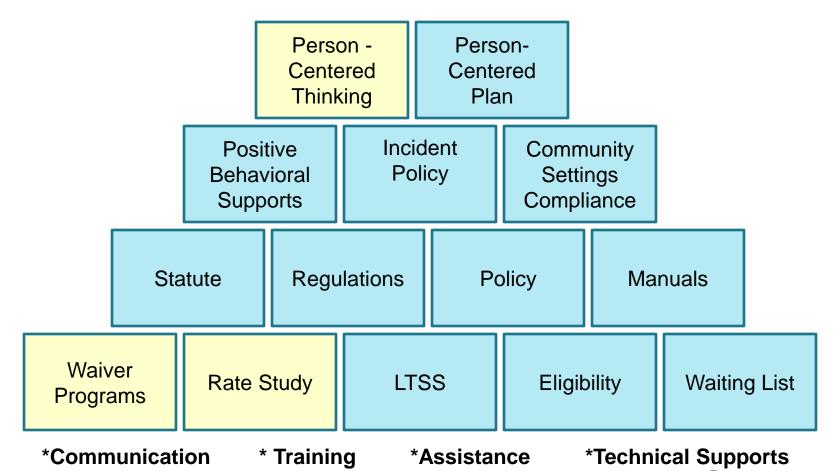






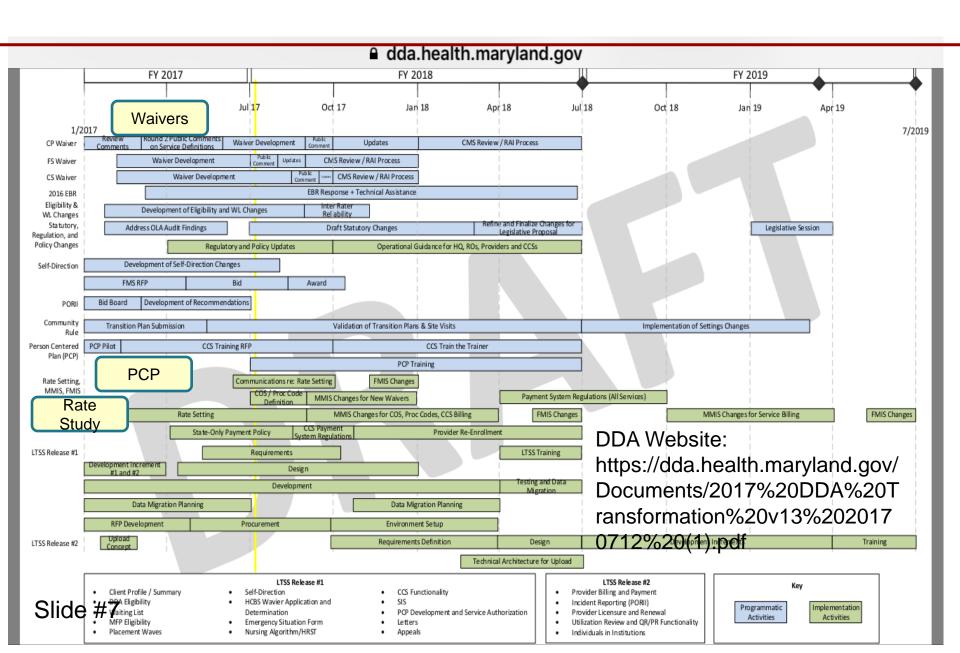
The Big Picture

Foundation Blocks



MARYLAND Department of Health

Infrastructure of our Transformation & Timeline



Person Centered Thinking and Planning

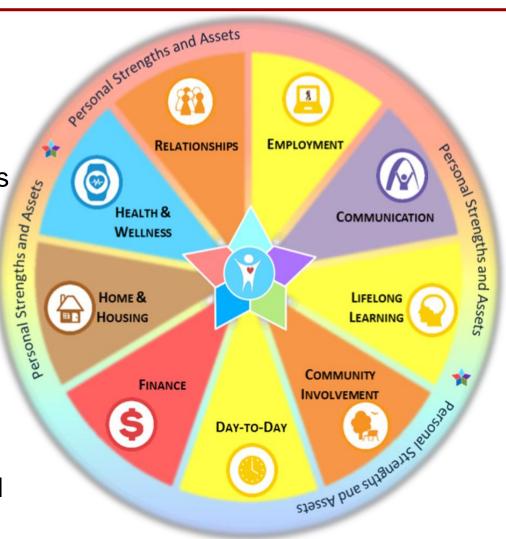
Create a strong foundation within our Personal Coordinators of Outcomes Community Supports, Support Brokers, DDA Person and stakeholders in Person-Centered Person Centered Thinking and Planning Thinking that provides flexibility and choice! Strengthening CCS Person Centered Systemic Training



Person Centered Thinking and Planning

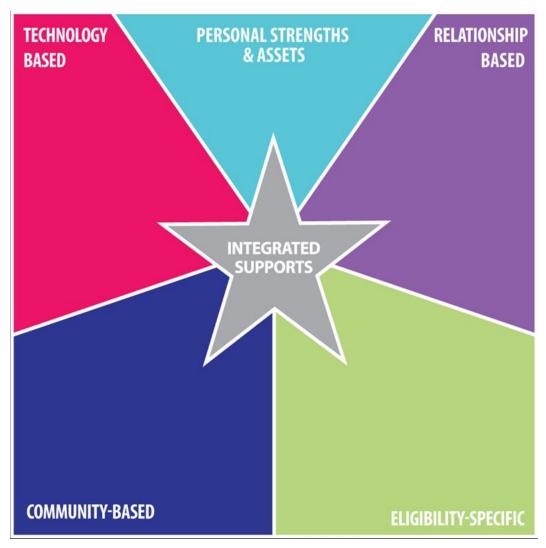
 The DDA is currently providing person- centered thinking training to all the CCS and then will provide training on the Person-Center Planning Process

 Additional training for participants, families, Support Brokers, providers, and DDA staff on the new Person-Centered development process and their roles and responsibilities will occur this fall and ongoing





Integrated Delivery of Supports



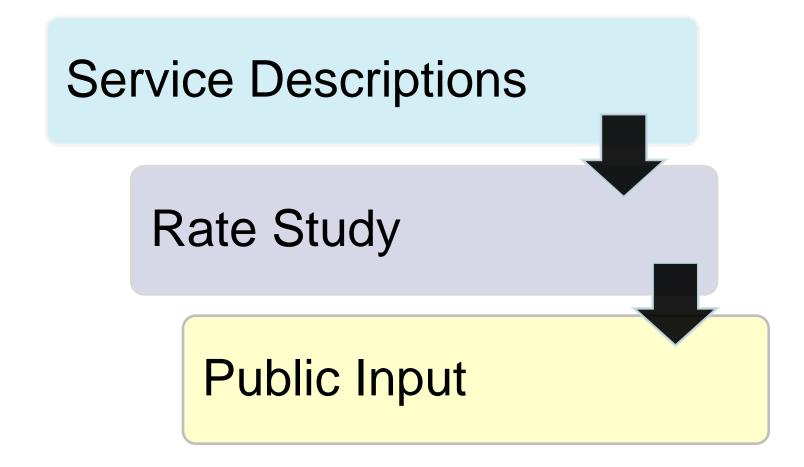
Explore a variety of supports to achieve personally defined goals.



Service Description Updates



Purpose





DDA Waivers Service

Family Supports Waiver Community
Supports
Waiver

Community Pathways Renewal



Meaningful Day Services

Supported Employment **Employment Services Employment Discovery and** Customization **Transitional Employment** Services **Community Development Services** Day Habilitation **Medical Day Care**



Meaningful Day Services

- Meaningful Day services are designed to provide opportunities for individuals to seek employment, work in competitive integrated settings, develop skills, engage in community life, and control personal resources.
- They should be designed to be person-centered in nature with individualized employment and community-based outcomes and goals in mind.
- Conversely, Meaningful Day services are not meant to serve as respite, day care or a place for people to be when they are sick. These services are also not meant to be made up of activities just to fill time.





Communities of Practice

- Language and service enhancements in support of:
 - ✓ Employment
 - Employment Services



- ✓ Self-Direction and Self-Determination
 - New service options and models



- ✓ Supporting Families
 - New services
 - Life Course Framework



- ✓ Independent Housing
 - New Housing Support Services





Service Delivery Models

- Self-Directed Models
 - Participant Directed
 - Family/Representative Directed
- Traditional Licensed or Approved Providers

All services, with the excepetion of provider owned and operated licensed sites, can be self-directed



Traditional Provider Types

- Approved versus Certified or Licensed
 - "Licensed" requirement for services where provider owned and operated site/facility
 - "Approved" all other traditional (non-self directed) communitybased waiver services

Licensed
Day Habilitation
Transitional Employment Services

Approved
Community Development Services
Employment Services



General

- Language edits:
 - ✓ Active voice,
 - ✓ Standardized terms, format (as applicable), and
 - ✓ Clarify service, requirements, provider qualifications, etc.



Meaningful Day Services

As an Employment 1st State, our Employment and Meaningful Day services are predicated on the belief that all individuals with developmental disabilities can work when given the opportunity, training and supports that build on an individual's strengths.

Employment should be the first choice but not the only choice.





Supported Employment

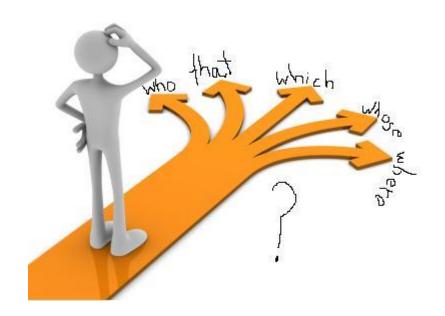
Services

- Supported Employment services include a variety of supports to help an individual identify career and employment interest, as well as to find and keep a job.
- Supported Employment activities include:
 - ✓ Individualized job development and placement;
 - ✓ On-the-job training in work and work-related skills
 - ✓ Facilitation of natural supports in the workplace;
 - ✓ Ongoing support and monitoring of the individual's performance on the job;
 - ✓ Training in related skills needed to obtain and retain employment such as using community resources and public transportation;
 - ✓ Negotiation with prospective employers; and
 - ✓ Self-employment supports.



Employment Discovery & Customization

Employment Discovery and Customization services are time limited services to identify and develop customized employment options for individual working towards competitive integrated employment.







- Intensive Job Coaching changed to Ongoing Job Supports which include:
 - ✓ Support in learning and completing job tasks either when beginning a new job, after a promotion, or after a significant change in duties or circumstances;
 - ✓ Personal care, behavioral supports and delegated nursing tasks;
 - ✓ Supports with the facilitation of natural supports in the work place;
 - ✓ Systematic instruction and other learning strategies based on the individual learning style and needs including learning to travel independently to the job
- ➤ These supports may be ongoing and should be based on the support needs of the individual as identified in their Person Centered Plan.





- ➤ Ongoing Supports changed to Follow Along Supports which occurs after the individual has transitioned into their job. These supports ensure that individuals have the assistance necessary to maintain their jobs.
- ➤ Co-Worker Employment Supports scope changed to supports provided by the employer to assist the individual, upon employment, with extended orientation and training beyond what is typically provided for an employee.
 - ✓ This service is meant to provide supports in a situation when an employer and/or individual have identified that an onsite job coach would not be optimal, yet the individual could still benefit from additional supports.
 - ✓ These supports are time limited.





- ➤ Discovery Milestone #2 changed to include observation of the job seeker in a minimum of three (3) community-based situations in order to identify skills, interest, and learning style.
- Job Development changed to be reimbursed based on the following milestones:
 - ✓ Completion of 20 hours of documented Job Development Activities.
 - ✓ At the time of placement in a job.
- Follow Along Supports include at least two face to face contacts with the individual in the course of the month, and is reimbursed as one monthly payment.





- ➤ Employment Services does not include:
 - ✓ Volunteering, apprenticeships, or internships unless it is part of the discovery process and time limited



Transitional Employment Services

- Transitional Employment Services are time limited services to help individuals learn skills to work in competitive integrated employment.
- Transitional Employment Services provide the participant with opportunities to develop skills related to work in a competitive employment position in an integrated community environment including, but not limited to, learning:
 - ✓ skills for employment, such as time-management and strategies for completing work tasks;
 - ✓ socially acceptable behavior in a work environment;
 - ✓ effective communication in a work environment; and
 - ✓ self-direction and problem-solving for a work task.



Transitional Employment Services

- Transitional Employment Services includes
 - ✓ Facility-Based Employment Supports;
 - ✓ Small Group Employment Supports; and
 - ✓ Large Group Employment Supports.





Community Development Services provide the participant with development and maintenance of skills related to community membership through engagement in community-based activities with people without disabilities.





- Community-based activities under this service will provide the participant with opportunities to develop skills and increase independence related to community integration including:
 - ✓ Promoting positive growth and developing the skills and social supports necessary to gain, retain or advance competitive integrated employment opportunities;
 - ✓ Learning socially acceptable behavior; and
 - ✓ Learning self-advocacy skills.





- Community Development Services may include, but are not limited to, participation in the following activities:
 - ✓ Engagement in activities that facilitate and promote integration and inclusion of an individual into their chosen community; including identifying a path to employment for working age individuals;
 - ✓ Travel training;
 - ✓ Participating in self-advocacy classes and activities;
 - ✓ Participating in local community events; and
 - √ Volunteering



- Community Development Services are separate and distinct from residential services.
- Participants may return home or to the provider operated site during time limited periods of the day to support personal care, health, emotional, and behavioral needs as indicated in the Person-Centered Plan.



- Day Habilitation services provide the participant with development and maintenance of skills related to activities of daily living, instrumental activities of daily living, vocation and socialization, through application of formal teaching methods and participation in meaningful activities.
- Services are provided at an agency's site and in the community.





- Meaningful activities under this service will provide the participant with opportunities to develop skills related to the learning new skills, building positive social behavior and interpersonal skills, greater independence, and personal choice including, but not limited to:
 - ✓ Learning skills for employment;
 - ✓ Learning socially acceptable behavior;
 - ✓ Learning effective communication;
 - ✓ Learning self-direction and problem solving;
 - ✓ Engaging in safety practices;
 - ✓ Performing household chores in a safe and effective manner; and
 - ✓ Performing self-care.





- Day habilitation services may include, but are not limited to, participation in the following meaningful activities:
 - ✓ Learning general skills that can be used to do the type of work the person is interested in;
 - ✓ Participating in self-advocacy classes/activities;
 - ✓ Participating in local and community events;
 - ✓ Volunteering within a non-profit organization whose mission the person supports;
 - ✓ Training and supports designed to maintain abilities and to prevent or slow loss of skills for individuals with declining conditions; and
 - ✓ Transportation services.



- Day Habilitation Services include:
 - ✓ Support services that enable the participant to participate in the activity;
 - ✓ Transportation to, from, and within the activity; and
 - ✓ Personal care assistance can be provided during day habilitation activities so long as it is not the primary or only service provided. Personal care assistance is defined as services to assist the participant in performance of activities of daily living and instrumental activities of daily living.



Medical Day Care Services

- ➤ Medical Day Care (MDC) is a medically supervised day program.
- Medical Day Care includes the following services:
 - ✓ Health care services;
 - ✓ Nursing services;
 - ✓ Physical therapy services;
 - ✓ Occupational therapy services;
 - ✓ Assistance with activities of daily living such as walking, eating, toileting, grooming, and supervision of personal hygiene;
 - ✓ Nutrition services;
 - ✓ Social work services;
 - ✓ Activity Programs; and
 - ✓ Transportation services.





Next Steps

- Updated Service Descriptions will be posted to the DDA website by October 2, 2017
- Rate Study Town Hall Meetings end of October 2017
- Public Comment Period November 2017
- State review of input for consideration of final revisions December 2017
- Waiver Application Submission to CMS January 2018



Question



